

<b>Title:</b>	Introduction to Adult Social Care
<b>Level:</b>	Entry Level 3
<b>Credit value:</b>	2
<b>GLH:</b>	20
<b>Unique Reference Number:</b>	K/652/0161
<b>Sector Subject Area:</b>	14.1 Foundations for Learning and Life
<b>Aim:</b>	The aim of this unit is to provide learners with the skills and knowledge to be able to have an introductory understanding of adult social care, its purpose, settings, and job roles.
<b>Assessment Type:</b>	Assessment of this unit will be through an internally set and internally assessed portfolio of evidence.
<b>Assessment Guidance:</b>	<p>Assessment decisions for skills-based learning outcomes must be made during the learner's normal work activity.</p> <p>Skills-based assessment must include direct observation as the main source of evidence and must be carried out over an appropriate period of time.</p>

## Learning outcomes

*The learner will:*

1. Be able to know adult social care settings.

### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge and skills to understand different adult social care settings.

The learner must:

- 1.1 Identify different **adult care settings**.
- 1.2 State the **purpose** of each setting.

2. Be able to know job roles in adult social care.

### **Delivery content:**

The aim of this learning outcome is to provide learners with the knowledge and skills to understand different job roles in adult social care.

The learner must:

<p>2.1 Identify common <b>job roles</b> in adult social care.</p> <p>2.2 State one <b>responsibility</b> for each role.</p>
<p>3. Be able to understand the purpose of adult social care.</p>
<p><b>Delivery content:</b></p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to understand the purpose of adult social care.</p> <p>The learner must:</p> <p>3.1 Describe why <b>adult social care</b> is important.</p>

<p><b>Scope of Training</b></p> <p>The Scope of Training identifies areas that must be covered during the delivery of this unit. This is the minimum that is expected but tutors are expected to include other areas, knowledge of which will benefit their learners, based on location, types of work available and from the tutors own professional experience.</p>
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<p><b>Requirements</b></p>	
<p><b>Adult Care Settings</b></p>	<p><b>Definition:</b></p> <p>Adult care settings are places where adults receive care and support for their health, wellbeing, or daily living needs.</p> <p><b>Teaching must include:</b></p> <p>Learners should identify settings such as:</p> <ul style="list-style-type: none"> <li>• Care homes – where adults live and receive daily care</li> <li>• Residential homes – provide accommodation and personal care</li> <li>• Supported living – adults live independently with support</li> <li>• Day centres – places adults attend for activities and support</li> <li>• Community or home care services – care provided in a person’s own home</li> </ul> <p>Learners must identify at least three adult care settings.</p> <p><b>Teaching could include:</b></p> <ul style="list-style-type: none"> <li>• Images of different care settings</li> </ul>

	<ul style="list-style-type: none"> <li>• Matching activity (setting &gt; description)</li> <li>• Short video examples of care environments</li> </ul>
<p><b>Purpose</b></p>	<p><b>Definition:</b> The purpose of a care setting is the reason it provides care and support to adults.</p> <p><b>Teaching must include:</b> Learners should state simple purposes such as:</p> <ul style="list-style-type: none"> <li>• Care homes / residential homes <ul style="list-style-type: none"> <li>○ Provide accommodation and daily personal care.</li> </ul> </li> <li>• Supported living <ul style="list-style-type: none"> <li>○ Help adults live more independently with support when needed.</li> </ul> </li> <li>• Day centres <ul style="list-style-type: none"> <li>○ Provide social activities, support, and community engagement.</li> </ul> </li> <li>• Home care services <ul style="list-style-type: none"> <li>○ Support adults with daily tasks in their own homes.</li> </ul> </li> </ul> <p>Learners must state the purpose of at least three care settings and can be linked with AC 1.1.</p> <p><b>Teaching could include:</b></p> <ul style="list-style-type: none"> <li>• Scenario examples (e.g., “Where would this person receive support?”)</li> <li>• Simple case studies of adults using services</li> </ul>
<p><b>Job Roles</b></p>	<p><b>Definition:</b> Job roles are different positions people have when working in adult care services.</p> <p><b>Teaching must include:</b> Learners should identify roles such as:</p> <ul style="list-style-type: none"> <li>• Care worker / care assistant</li> <li>• Support worker</li> <li>• Nurse</li> <li>• Social worker</li> <li>• Activities coordinator</li> <li>• Manager or supervisor</li> </ul>

	<p>Learners must identify at least three roles in adult social care.</p> <p><b>Teaching could include:</b></p> <ul style="list-style-type: none"> <li>• Role cards with pictures and job titles</li> <li>• Matching activities linking roles to workplaces</li> </ul>
<p><b>Responsibility</b></p>	<p><b>Definition:</b></p> <p>A responsibility is a task or duty someone performs in their job.</p> <p><b>Teaching must include:</b></p> <p>Learners should state simple responsibilities such as:</p> <ul style="list-style-type: none"> <li>• Care worker / care assistant</li> </ul> <p>Helping adults with daily tasks such as washing, dressing, or eating.</p> <ul style="list-style-type: none"> <li>• Support worker</li> </ul> <p>Helping adults live independently and access activities.</p> <ul style="list-style-type: none"> <li>• Nurse</li> </ul> <p>Providing medical care and monitoring health.</p> <ul style="list-style-type: none"> <li>• Social worker</li> </ul> <p>Assessing needs and arranging support services.</p> <ul style="list-style-type: none"> <li>• Activities coordinator</li> </ul> <p>Organising activities and social events.</p> <p>Learners must state one responsibility for each role identified in AC 2.1.</p> <p><b>Teaching could include:</b></p> <ul style="list-style-type: none"> <li>• Role-play scenarios</li> <li>• Matching roles with duties</li> </ul>
<p><b>Adult Social Care</b></p>	<p><b>Definition:</b></p> <p>Adult social care is important because it helps adults live safely, maintain independence, and improve their wellbeing.</p> <p><b>Teaching must include:</b></p> <p>Learners should describe reasons such as:</p> <ul style="list-style-type: none"> <li>• Helps adults meet daily living needs</li> <li>• Supports independence and dignity</li> <li>• Improves health and wellbeing</li> <li>• Reduces isolation and loneliness</li> </ul>

	<ul style="list-style-type: none"><li>• Provides support for families and carers</li></ul> <p>Learners must describe at least two reasons why adult social care is important.</p> <p><b>Teaching could include:</b></p> <ul style="list-style-type: none"><li>• Short stories or case studies of adults receiving support</li><li>• Group discussion on how care services help people live better lives</li></ul>
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