

Title:	Introduction to Sustainability
Level:	Entry Level 3
Credit value:	2
GLH:	20
Unique Reference Number:	H/652/0665
Sector Subject Area:	14.1 Foundations for Learning and Life
Aim:	The aim of this unit is to provide learners with the knowledge and skills to understand sustainability in familiar situations. Learners will recognise what sustainability means in simple terms, identify everyday actions that can help reduce waste and save resources, understand why these actions matter, and take part in activities that support more sustainable choices. This unit supports progression into personal development, employability, and wider preparation for learning and work by helping learners begin to understand how everyday actions can make a positive difference.
Assessment Type:	Assessment of this unit will be through an internally set and internally assessed portfolio of evidence.
Assessment Guidance:	<p>Assessment decisions for skills-based learning outcomes must be made during the learner's normal work activity.</p> <p>Skills-based assessment must include direct observation as the main source of evidence and must be carried out over an appropriate period of time.</p> <p>Evidence must confirm that the learner can recognise sustainability in familiar situations, identify simple actions that support sustainability, understand why these actions matter, and take part in an activity that shows sustainable behaviour.</p> <p>Assessment must reflect realistic personal, learning, community, or work-related contexts.</p>

Learning outcomes

The learner will:

<p>1. Understand sustainability in familiar situations.</p>
<p>Delivery content:</p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to recognise what sustainability means in simple everyday contexts.</p> <p>The learner must:</p> <ul style="list-style-type: none"> 1.1 Identify what sustainability means in simple terms. 1.2 Identify at least three examples of sustainability in familiar situations. 1.3 State why sustainability can be important in everyday life.
<p>2. Know simple actions that support sustainability.</p>
<p>Delivery content:</p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to recognise simple actions that can reduce waste, save energy, or look after resources.</p> <p>The learner must:</p> <ul style="list-style-type: none"> 2.1 Identify at least three simple sustainable actions. 2.2 Recognise at least three examples of wasteful or unsustainable behaviour. 2.3 State how simple actions can help reduce waste or save resources.
<p>3. Understand how people can make sustainable choices.</p>
<p>Delivery content:</p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to recognise that people can make choices which help look after the environment and resources.</p> <p>The learner must:</p> <ul style="list-style-type: none"> 3.1 Identify at least three situations where a person can make a sustainable choice. 3.2 Recognise simple reasons why sustainable choices are helpful. 3.3 Identify people, prompts, or reminders that can help someone make sustainable choices.
<p>4. Be able to take part in a simple sustainability activity.</p>
<p>Delivery content:</p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to take part in a simple activity that involves making or showing sustainable choices.</p> <p>The learner must demonstrate how to:</p> <ul style="list-style-type: none"> 4.1 Take part in at least one activity that supports sustainability.

4.2 Follow a simple instruction linked to sustainable behaviour.
 4.3 Identify what they did to support sustainability during the activity.

Scope of Training

The Scope of Training identifies areas that must be covered during the delivery of this unit. This is the minimum that is expected but tutors are expected to include other areas, knowledge of which will benefit their learners, based on location, types of work available and from the tutors own professional experience.

Requirements

Sustainability:

Definition:

Looking after resources and the environment by making choices that avoid waste and support the future.

Teaching must include:

- What sustainability means in simple everyday language.
- The idea that resources should not be wasted.
- The idea that choices now can affect the future.
- Examples of sustainability in everyday life, learning, and work-related settings.
- The idea that small actions can make a difference.

Teaching could include:

Simple local examples.
 Examples from home, college, community, or work experience.
 Short discussions about waste, saving, and looking after things.

Sustainable actions:

Definition:

Simple actions that help reduce waste, save energy, save water, reuse materials, or keep places clean and cared for.

Teaching must include:

Examples of sustainable actions, for example:

- Turning off lights or equipment when not needed.
- Using less paper or reusing materials where appropriate.
- Putting rubbish in the correct place.

	<ul style="list-style-type: none">• Recycling where this is available.• Looking after shared resources and equipment. <p>Teaching could include:</p> <p>Saving water.</p> <p>Using reusable items.</p> <p>Walking or sharing transport where appropriate.</p> <p>Helping keep shared spaces tidy.</p>
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