Unit Title	**Support individuals to maintain personal hygiene**
Ofqual unit reference number (code)	K/601/9963
Organisation Reference	OUS409
Unit Level	Level 2
GLH	17
Unit Credit Value	2
Sector Subject Areas	1.3 Health and Social Care
Unit Grading Structure	Pass
Availability	Shared
Assessment Guidance	This unit must be assessed in line with the relevant assessment principles. Learning outcome 2 must be assessed in a real work environment.

LEARNING OUTCOMES	**ASSESSMENT CRITERIA**
The learner will:	**The learner can:**
1. Understand the importance of good personal hygiene.	1.1. Explain why personal hygiene is important. 1.2. Describe the effects of poor personal hygiene on health and well-being.
2. Be able to support individuals to maintain personal hygiene.	2.1. Support an individual to understand factors that contribute to good personal hygiene. 2.2. Address personal hygiene issues with the individual in a sensitive manner without imposing own values. 2.3. Support the individual to develop awareness of the effects of poor hygiene on others. 2.4. Support the preferences and needs of the individual while maintaining their independence. 2.5. Describe how to maintain dignity of an individual when supporting intimate personal hygiene. 2.6. Identify risks to own health in supporting an individual with personal hygiene routines. 2.7. Reduce risks to own health when supporting the individual with personal hygiene routines. 2.8. Identify others who may be involved in supporting the individual to maintain personal hygiene.

3. Understand when poor hygiene may be an indicator of other underlying personal issues.	3.1. Identify underlying personal issues that may be a cause of poor personal hygiene. 3.2. Describe how underlying personal issues might be addressed.

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