Unit Title	**Support individuals at the end of life**
Ofqual unit reference number (code)	K/616/3108
Organisation Reference	QU055565
Unit Level	Level 3
GLH	50
Unit Credit Value	6
Sector Subject Areas	1.3 Health and Social Care
Unit Grading Structure	Pass
Assessment Guidance	This unit must be assessed in line with the relevant assessment principles. Learning outcomes 4, 6, 7 and 8 must be assessed in a real work environment in ways that do not intrude on the care of an individual at the end of life. **Key people** may include: • family members • friends • others who are important to the wellbeing of the individual. **Individual** refers to someone requiring care or support; it will usually mean the person or people supported by the learner. **Wellbeing** may include aspects that are: • social • emotional • cultural • spiritual • intellectual • economic • physical • mental.

LEARNING OUTCOMES	**ASSESSMENT CRITERIA**
The learner will:	**The learner can:**
1. Understand the aims and principles of end of life care.	1.1. Explain the aims and principles of end of life care. 1.2. Analyse the impact of national and local drivers on current approaches to end of life care. 1.3. Describe conflicts and legal or ethical issues that may arise in relation to death, dying or end of life care. 1.4. Identify the **key people** and services who may be involved in delivery of end of life care. 1.5. Explain the concept of holistic care at the end of life.

	1.6. Describe the triggers that suggest **individuals** are nearing the end of life.
2. Understand factors affecting end of life care.	2.1. Outline key points of theories about the emotional and psychological processes that individuals and key people may experience with the approach of death. 2.2. Explain how the beliefs, religion and culture of individuals and key people influence end of life care. 2.3. Explain why support for an individual's health and **well-being** may not always relate to their terminal condition.
3. Understand advance care planning in relation to end of life care.	3.1. Describe the benefits to an individual of having as much control as possible over their end of life care. 3.2. Explain the purpose of advance care planning in relation to end of life care. 3.3. Explain why, with their consent, it is important to pass on information about the individual's wishes, needs, and preferences for their end of life care. 3.4. Outline ethical and legal issues that may arise in relation to advance care planning outside of own job role.
4. Be able to provide support to individuals and key people during end of life care.	4.1. Support the individual and key people to explore their thoughts and feelings about death and dying. 4.2. Provide support for the individual and key people that respects their beliefs, religion and culture. 4.3. Demonstrate ways to help the individual feel respected and valued throughout the end of life period. 4.4. Provide information to the individual and/or key people about the individual's illness and the support available. 4.5. Give examples of how an individual's well-being can be enhanced by: • environmental factors • non-medical interventions • use of equipment and aids • alternative/complementary therapies. 4.6. Contribute to partnership working with key people to support the individual's well-being.
5. Understand the role of organisations and support services available to individuals and key people in relation to end of life care.	5.1. Explain why support for spiritual needs may be especially important at the end of life. 5.2. Describe a range of sources of support to address the needs of individuals and key people at the end of life.

6. Be able to support individuals through the process of dying.	6.1. Carry out own role in an individual's care. 6.2. Contribute to addressing any distress experienced by the individual promptly and in agreed ways. 6.3. Adapt support to reflect the individual's changing needs or responses.
7. Be able to take action following the death of individuals.	7.1. Explain why it is important to know about an individual's wishes for their after-death care. 7.2. Carry out actions immediately following a death that respect the individual's wishes and follow agreed ways of working. 7.3. Describe ways to support key people immediately following an individual's death.
8. Be able to manage own feelings in relation to the dying or death of individuals.	8.1. Identify ways to manage own feelings in relation to an individual's dying or death. 8.2. Utilise support systems to deal with own feelings in relation to an individual's dying or death.

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