

Title:	Reflective Practice
Level:	2
Credit value:	1
GLH:	8
Unique Reference Number:	H/508/4106
Sector Subject Area:	1.3 Health and Social Care
Aim:	<p>The aim of this unit is to provide learners with the skills and knowledge to be able to engage in reflective practice, including understanding different reflective practice theories and models, and applying them to personal experiences to support professional growth and continuous improvement.</p> <p>This unit aim integrates both the theoretical foundations of reflective practice and its practical application, ensuring learners can effectively reflect on their experiences to enhance their professional development.</p>
Assessment Type:	Assessment of this unit will be through an internally set and internally assessed portfolio of evidence.
Assessment Guidance:	<p>Assessment decisions for skills-based learning outcomes must be made during the learner's normal work activity.</p> <p>Skills-based assessment must include direct observation as the main source of evidence and must be carried out over an appropriate period of time.</p>

Learning outcomes

The learner will:

1. Be able to understand reflective practice.

Delivery content:

The aim of this learning outcome is to provide learners with the knowledge and skills to understand the concept of reflective practice, explore various theories and models that support it, and recognise the significance of reflective practice in personal and professional development.

The learner must:

- 1.1 Define reflective practice.
- 1.2 Describe a **range** of theories/models for reflective practice.

1.3 Describe why reflective practice is important.
2. Be able to use reflective practice.
<p>Delivery content:</p> <p>The aim of this learning outcome is to provide learners with the knowledge and skills to apply a reflective practice theory or model to a personal experience, critically reflecting on the chosen model's relevance and effectiveness in guiding the reflection process.</p> <p>The learner must:</p> <ul style="list-style-type: none"> 2.1 Reflect on an experience using a reflective practice theory/model. 2.2 Describe why the model was chosen in this instance.

<p>Scope of Training</p> <p>The Scope of Training identifies areas that must be covered during the delivery of this unit. This is the minimum that is expected but tutors are expected to include other areas, knowledge of which will benefit their learners, based on location, types of work available and from the tutors own professional experience.</p>	
<p>Requirements</p>	
Range	This must include a minimum of two theories of reflective practice.