



Title	NOCN International Level 3 Award in Safe Working at Height		
Topic Summary	The NOCN International Level 2 Work at Height and rescue course is to equip participants with the knowledge and skills necessary to safely work at heights and conduct rescue operations.		
Target Audience	Workers, supervisors, scaffolders, engineers, rescuers and whom performing work at height.	Length of Study	8 hours

Unit(s) Learning Outcomes	1. Introduction to Work at Height	
	Learning Outcome - 1: <ul style="list-style-type: none"> ✚ To overview of Work at Height <ul style="list-style-type: none"> - Definition and scope - Importance of safety in work at height - Working at height activities ✚ To know Legal Responsibilities and Regulations <ul style="list-style-type: none"> - Local and international standards - Employer and Employee responsibilities 	Assessment Criteria: <ul style="list-style-type: none"> • Overview of Work at Height <ul style="list-style-type: none"> - Definition and scope - Importance of safety in work at height - Working at height activities • Legal Responsibilities and Regulations <ul style="list-style-type: none"> - Local and international standards - Employer and Employee responsibilities

2. Identifying Hazards and Risks

Learning Outcome - 1:

- ✚ Able to know Common Hazards in Work at Height
 - Falls from height
 - Falling objects
 - Structural integrity
- ✚ Understand Risk Assessment
 - Conducting a risk assessment
 - Hazard identification and control measures

Assessment Criteria:

- Understand Common Hazards in Work at Height
 - Falls from height
 - Falling objects
 - Structural integrity
- Risk Assessment
 - Conducting a risk assessment
 - Hazard identification and control measures

3. Planning and Preparation

Learning Outcome - 1:

- ✚ To know how to work at Height Planning
 - Developing a work plan
 - Selecting appropriate access methods
- ✚ To familiarize the Permits and Authorization
 - Work permits and their importance
 - Communication and coordination

Assessment Criteria:

- Understand the Work at Height Planning
 - Developing a work plan
 - Selecting appropriate access methods
- Familiarize Permits and Authorization
 - Work permits and their importance
 - Communication and coordination

4. Fall Protection Systems

Learning Outcome - 1:

- ✚ To learn the Types of Fall Protection Systems
 - Fall arrest systems
 - Fall restraint systems
 - Work positioning systems
- ✚ To know how to use the Personal Protective Equipment (PPE)
 - Harnesses, lanyards, and anchor points
 - Inspection and maintenance of PPE

Assessment Criteria:

- Understand Types of Fall Protection Systems
 - Fall arrest systems
 - Fall restraint systems
 - Work positioning systems
- Personal Protective Equipment (PPE)
 - Harnesses, lanyards, and anchor points
 - Inspection and maintenance of PPE

5. Use of Access Equipment

Learning Outcomes:

- ✚ To learn the use of Ladders and Stepladders
 - Safe use and inspection
 - Limitations and precautions
- ✚ To familiarize the Scaffolding

Assessment Criteria:

- Understand the use of Ladders and Stepladders
 - Safe use and inspection
 - Limitations and precautions
- Understanding the Scaffolding

	<ul style="list-style-type: none"> - Types of scaffolds - Erection, inspection, and dismantling ✚ To recognize the Mobile Elevated Work Platforms (MEWPs) - Types of MEWPs - Safe operation and use 	<ul style="list-style-type: none"> - Types of scaffolds - Erection, inspection, and dismantling • Identify the Mobile Elevated Work Platforms (MEWPs) - Types of MEWPs - Safe operation and use
6. Practical Skills and Techniques		
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> ✚ To know Safe Climbing Techniques <ul style="list-style-type: none"> - Proper climbing methods - Using ladders and scaffolds safely ✚ To know how to perform working on Roofs and Fragile Surfaces <ul style="list-style-type: none"> - Safety precautions and measures - Use of safety nets and guardrails 	<p>Assessment Criteria:</p> <ul style="list-style-type: none"> • Implementing the Safe Climbing Techniques <ul style="list-style-type: none"> - Proper climbing methods - Using ladders and scaffolds safely • Working on Roofs and Fragile Surfaces <ul style="list-style-type: none"> - Safety precautions and measures - Use of safety nets and guardrails 	
7. Emergency Procedures and Rescue Plans		
<p>Learning Outcomes:</p> <ul style="list-style-type: none"> ✚ To familiarize the Emergency Response Planning <ul style="list-style-type: none"> - Developing an emergency plan - Roles and responsibilities in an emergency ✚ To know the Rescue Techniques <ul style="list-style-type: none"> - Self-rescue methods - Assisted rescue and emergency equipment 	<p>Assessment Criteria:</p> <ul style="list-style-type: none"> • Familiarize the Emergency Response Planning <ul style="list-style-type: none"> - Developing an emergency plan - Roles and responsibilities in an emergency • Understand the Rescue Techniques <ul style="list-style-type: none"> - Self-rescue methods - Assisted rescue and emergency equipment 	
Delivery Style	Classroom Learning	