

General Marking Guidance Reading

- If a learner has crossed out a response to a question, the work should still be marked unless the learner has replaced it with an alternative answer.
- Markers should apply the mark scheme consistently across all papers marked.
- Markers should mark according to the mark scheme and should apply it positively awarding full marks where the answer meets the mark scheme.
- Where the answers do not meet the mark scheme, markers should be prepared to award zero marks.
- The mark scheme gives guidance as to how to allocate marks where an answer is graded according to candidate performance. Where the response does not meet the requirements of the minimum mark, zero marks should be awarded.
- Where the mark scheme allows a mark for 'any (other) valid response', the marker should judge the response's merits based on the information provided in the assessment materials.
- Where the marker is unsure of how to apply the mark scheme, guidance from the Principal Examiner must be sought.

Assessment Guidance

Skill Standards	Coverage and Range	Task												Total	
		1	2	3	4	5	6	7	8	9	10	11	12		
Reading: Read and understand a range of straightforward texts.	a) Identify the main points and ideas and how they are presented in a variety of texts	2	1							1					4
	b) Read and understand texts in detail			2						1			2		5
	c) Utilise information contained in texts					1	2				4		2		9
	d) Identify suitable responses to texts				4								1		5
	e) In more than one type of text.														
Total													23		

Assessment Mark Sheet – Reading

Task 1			
Q	Acceptable Responses	Mark Available	Open/ Closed
1	<p>Document 1 Name two features that help to present information in Document 1.</p> <p>Sample answers:</p> <ul style="list-style-type: none"> • Image • Bold sub-headings • Title • Underlining • Bullet points • Paragraphs <p>Accept any other reasonable variation.</p>	2 marks	Closed
2	<p>Document 1 Who would be interested in reading Document 1?</p> <p>Sample answer:</p> <ul style="list-style-type: none"> • Somebody who has a cold • Somebody who wants to be able to advise a friend/family member on how to treat a cold. <p>Accept any other reasonable variation.</p>	1 mark	Open
3	<p>Document 1 Name one type of food that is good to eat when you have a cold. Give one reason why it is good to eat that type of food?</p> <p>Choose from 1 of the following: (1 mark)</p> <ul style="list-style-type: none"> • Soup • Casserole • Curry <p>Possible explanations relating to the food chosen: (1 mark)</p> <ul style="list-style-type: none"> • Easy to eat • Nutritious • Clears your sinuses 	2 marks	Open

<p>4</p>	<p>Document 1 Document 1 gives you advice on what you can do if you have a cold, but it also gives some advice about what you shouldn't do. Choose two examples of things you shouldn't do if you have a cold and explain why?</p> <p>Choose from two of the following 1 mark each (max 2)</p> <ol style="list-style-type: none"> 1. Do not give aspirin to under 16s 2. Avoid alcohol and caffeine 3. Don't starve a cold/go without food 4. Don't be to go a shopping spree, climb a mountain or go to the gym/do exercise. <p>Possible explanations 1 mark each (max 2)</p> <ol style="list-style-type: none"> 1. Because under 16's might become ill from taking aspirin Because under 16's are children and should have different medicine 2. Because it will dehydrate you It will make you feel worse 3. You need a good supply of nutrients to fight a cold You need to eat a lot to feel better 4. Because your body needs to relax/rest. <p>Accept any other reasonable variation.</p>	<p>4 marks</p>	<p>Open</p>
<p>5</p>	<p>Document 1 Document 1 explains that for a normal cold, the doctor will not be able to help. However, what should you do if your symptoms are more serious and you are worried?</p> <p>Choose from:</p> <ul style="list-style-type: none"> • Visit your doctor • Ring NHS 111 • Visit nhs://www.nhs.uk 	<p>1 mark</p>	<p>Closed</p>
<p>6</p>	<p>Document 1 According to Document 1, give two reasons why you might want to use a steam room when you don't have a cold?</p> <p>Choose from:</p> <ul style="list-style-type: none"> • For relaxation • Soothing aching muscles • Preventing colds <p>Accept any other reasonable answer based on the text.</p>	<p>2 marks</p>	<p>Closed</p>
<p>Total marks for Task 1</p>		<p>12 marks</p>	

Task 2			
Q	Acceptable Responses	Mark Available	Open/ Closed
7	<p>Document 2 What is the main purpose of Document 2?</p> <p>Sample answer:</p> <ul style="list-style-type: none"> To give advice on how to wipe out winter tiredness To give information on how to reduce winter tiredness <p>Accept any other valid answer based on the text.</p> <p>Do not accept answers that state that it's an explanation of what winter tiredness is.</p>	1 mark	Open
8	<p>Document 2 Why do you feel even more tired in the winter months?</p> <p>Sample answer:</p> <ul style="list-style-type: none"> Lack of sunshine The days are shorter (Less sunlight means) your brain produces more of a hormone called melatonin 	1 mark	Closed
9	<p>Document 2 Your friend has been complaining that she feels more tired than usual in the winter. Choose two tips, from Document 2, that you think will help her and explain why they will help.</p> <p>Sample answers 1 mark each (max 2):</p> <ul style="list-style-type: none"> Open your curtains as soon as you get up/ go outside/ make your environment light and airy Get a good night's sleep/have a reliable sleep schedule Take regular exercise Relax/ do yoga/mediation/breathing exercise <p>Sample explanations 1 mark each (max 2):</p> <ul style="list-style-type: none"> You need as much sunlight as possible You will feel more refreshed and ready to face the day Exercise gives you energy/good fun You may feel more stressed due to short days/stress leads to tiredness <p>Accept any other valid answer based on the text.</p>	4 marks	Open

<p>10</p>	<p>Document 2 Why is a brief lunch time walk beneficial? (1 mark)</p> <p>Sample answers:</p> <ul style="list-style-type: none"> • Access to nature • Natural daylight • More sunlight • Gets you outdoors <p>Accept any reasonable answer based on the text.</p>	<p>1 mark</p>	<p>Open</p>
<p>11</p>	<p>Document 2 Document 2 suggests people may feel more stressed in the winter. Give one reason why and explain what you can do to help feel less stressed.</p> <p>Choose from: (1 mark)</p> <ul style="list-style-type: none"> • Stress leads to tiredness • You feel you have less time to complete tasks <p>Choose from: (1 mark)</p> <ul style="list-style-type: none"> • Meditation • Yoga • Exercise • Breathing exercises 	<p>2 marks</p>	<p>Closed</p>
<p>12</p>	<p>Document 2 Document 2 contains both facts and opinions. Identify two opinions.</p> <p>Choose from:</p> <ul style="list-style-type: none"> • A lot of people think you need more sleep in the winter • There are many people who exercise in the summer, but stop in winter • Exercise maybe the last thing you feel like doing • Skating is great fun • It's easy to feel you have less time to complete tasks 	<p>2 marks</p>	<p>Open</p>
<p>Total marks for Task 2</p>			<p>11 marks</p>