

Understand how to provide support when working in end of life care

Reference : Y/503/8689

Level : Level 3

Credit Value : 4

Guided Learning Hours : 33

Learning Outcomes		Assessment Criteria
The Learner Will		The Learner Can
1	Understand current approaches to end of life care.	1.1. - Analyse the impact of national and local drivers on current approaches to end of life care. 1.2. - Evaluate how a range of tools for end of life care can support the individual and others. 1.3. - Analyse the stages of the local end of life care pathway.
2	Understand an individual's response to their anticipated death.	2.1. - Evaluate models of loss and grief. 2.2. - Describe how to support the individual throughout each stage of grief. 2.3. - Explain the need to explore with each individual their own specific areas of concern as they face death. 2.4. - Describe how an individual's awareness of spirituality may change as they approach end of life.
3	Understand factors regarding communication for those involved in end of life care.	3.1. - Explain the principles of effective listening and information giving, including the importance of picking up on cues and non-verbal communication. 3.2. - Explain how personal experiences of death and dying may affect capacity to listen and respond appropriately. 3.3. - Give examples of internal and external coping strategies for individuals and others when facing death and dying. 3.4. - Explain the importance of ensuring effective channels of communication are in place with others.
4	Understand how to support those involved in end of life care situations.	4.1. - Describe possible emotional effects on staff working in end of life care situations. 4.2. - Evaluate possible sources of support for staff in end of life situations. 4.3. - Identify areas in group care situations where others may need support in end of life care situations. 4.4. - Outline sources of emotional support for others in end of life care situations.
5	Understand how symptoms might be identified in end of life care.	5.1. - Identify a range of symptoms that may be related to an individual's condition, pre-existing conditions and treatment itself. 5.2. - Describe how symptoms can cause an individual and others distress and discomfort. 5.3. - Describe signs of approaching death. 5.4. - Identify different techniques for relieving symptoms.
6	Understand advance care planning.	6.1. - Explain the difference between a care or support plan and an advance care plan. 6.2. - Identify where to find additional information about advance care planning. 6.3. - Describe own role in advance care planning. 6.4. - Explain why, with their consent, it is important to pass on information about the individual's wishes, needs, and preferences for their end of life care.

Assessment guidance and/or requirements : This unit must be assessed in line with Skills for Health Assessment Principles & Skills for Care and Development's Assessment Principles.